

# You're new to Medicare, you have questions, and Humana has answers

For more than 30 years, Humana has offered Medicare plans that help our members achieve their best health so they can live life to the fullest.

Our priorities are providing healthcare benefits you want, at a price you can afford and helping you understand your plan options.

There's a lot to know about Medicare. We'll guide you through the steps, to help you choose a plan that's right for you and get the most from it.



**Please join us to learn more about your  
2021 Humana Medicare Advantage plan:**

**Virtual: WEBEX**

[https://humanameeting.  
webex.com/humanameeting/j.  
php?MTID=m568266404bbad87587867a109cf3220e](https://humanameeting.webex.com/humanameeting/j.php?MTID=m568266404bbad87587867a109cf3220e)  
Nov. 4 at 2:00 pm

**Virtual: WEBEX**

[https://humanameeting.  
webex.com/humanameeting/j.  
php?MTID=mb93d7adcbae84ef0f8655a7ae6dd5c05](https://humanameeting.webex.com/humanameeting/j.php?MTID=mb93d7adcbae84ef0f8655a7ae6dd5c05)  
Nov. 18 at 2:00 pm



**Call to RSVP to a virtual meeting  
with a licensed Humana sales agent**



**Christine Christino**  
CA License #0F75119  
**559-408-0110**  
**(TTY: 711)**

Monday – Friday, 8 a.m. – 5 p.m.  
En español? Llame al 1-855-845-7678  
(TTY: 711)  
[cchristino@humana.com](mailto:cchristino@humana.com)  
[humana.com/christino](https://humana.com/christino)

## Humana®

For accommodations of persons with special needs at meetings call 1-877-320-1235 (TTY: 711), 8 a.m. – 8 p.m., seven days a week.

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# Important!

## At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, marital status, or religion. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:  
Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618  
If you need help filing a grievance, call **1-877-320-1235** or if you use a TTY, call **711**.
- You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through their Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at **U.S. Department of Health and Human Services**, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019, 800-537-7697 (TDD)**.
- **California residents:** You may also call California Department of Insurance toll-free hotline number: **1-800-927-HELP (4357)**, to file a grievance.

## Auxiliary aids and services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

## Language assistance services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

**Español (Spanish):** Llame al número arriba indicado para recibir servicios gratuitos de asistencia lingüística.

**繁體中文 (Chinese):** 撥打上面的電話號碼即可獲得免費語言援助服務。

**Tiếng Việt (Vietnamese):** Xin gọi số điện thoại trên đây để nhận được các dịch vụ hỗ trợ ngôn ngữ miễn phí.

**한국어 (Korean):** 무료 언어 지원 서비스를 받으려면 위의 번호로 전화하십시오.

**Tagalog (Tagalog – Filipino):** Tawagan ang numero sa itaas upang makatanggap ng mga serbisyo ng tulong sa wika nang walang bayad.

**Русский (Russian):** Позвоните по номеру, указанному выше, чтобы получить бесплатные услуги перевода.

**Kreyòl Ayisyen (French Creole):** Rele nimewo ki pi wo la a, pou resevwa sèvis èd pou lang ki gratis.

**Français (French):** Appelez le numéro ci-dessus pour recevoir gratuitement des services d'aide linguistique.

**Polski (Polish):** Aby skorzystać z bezpłatnej pomocy językowej, proszę zadzwonić pod wyżej podany numer.

**Português (Portuguese):** Ligue para o número acima indicado para receber serviços linguísticos, grátis.

**Italiano (Italian):** Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti.

**Deutsch (German):** Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

**日本語 (Japanese):** 無料の言語支援サービスをご要望の場合は、上記の番号までお電話ください。

**فارسی (Farsi)**

برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

**Diné Bizaad (Navajo):** Wóda hí béesh bee hani'í bee wolta'ígíí bich'í' hódíílnih éí bee t'áá jiik'eh saad bee áká'ánída'áwo'déé nika'adoowol.

**العربية (Arabic)**

الرجاء الاتصال بالرقم المبين أعلاه للحصول على خدمات مجانية للمساعدة بلغتك